

2019 ICS Cross Country Race Information – For Families
 Runner arrival one hour prior to race time unless otherwise instructed at practice

Date	Race	Location	Race Times	Spectator Fee
08-17-19 (preseason)	Mike Gibson Summertime Run	Lake Mary High School 655 Longwood Lake Mary Road Lake Mary, FL 32746	7:30 Girls high school 5K (unlimited) 8:00 Boys high school 5K (unlimited) 8:30 Open Race (Unlimited Community Non High School)	\$5.00/ person
08-24-19	Spikes and Spurs Classic	Flagler County Fairgrounds and Recreational Area Parking: Fairgrounds Baseball/Softball Fields 150 Sawgrass Road 650 CR 13 Bunnell, Florida 32110	Gates Open 6:00am HS Boys (unlimited) 7:20am HS Girls (unlimited) 7:55am Awards Ceremony 8:45am	\$5.00/ person
08-31-19	DeLand Invitational Cross Country Meet	Sterling Sports Complex 1300 Matt Fair Blvd DeLand, FL 32724	7:30 am Girls Varsity 8:10 am Boys Varsity 8:40 am GJV* 9:25 am BJV* *arrive based on girls' time; race maybe combined	\$5.00/car
09-14-19	Seffner Christian Invitational	Holloway Park 3050 Lakeland Highlands Road Lakeland, FL 33803	8:20 Open Girls (10 runners) 8:45 Open Boys (10 runners) 9:10 JV Girls (unlimited runners) 9:35 JV Boys (unlimited runners)	\$10.00/car

Date	Race	Location	Race Times	Spectator Fee
09-21-19	Katie Caples Invitational	Bishop Kenny High School 1055 Kingman Ave Jacksonville, FL 32207	5:55 pm Girls JV Race 6:40 pm Boys JV Race 7:15 pm Girls Varsity Race 7:50 pm Boys Varsity Race	\$5.00/person
09-28-19	Hagerty Invitational	SSC Oviedo Campus 2505 Lockwood Blvd Oviedo, FL 32765	TBP – Morning race *We will get times out when they are posted	TBD
10-05-19	Windemere XC Invitational	Lake Louisa State Park 7035 US Highway 27 Clermont, FL 34714	8:00 AM - Boys Varsity 8:30 AM - Girls Varsity 9:00 AM- Boys JV* 9:30 AM - Girls JV* *arrive based on girls' time; race maybe combined	Park entry Fee: \$5.00/person
10-12-19	Group Run/Mock Meet with local teams	TBD - Race options limited this weekend. We will still race to prepare for district meet, but we will determine location as it develops	TBD	
10-22-19	DISTRICT MEET	Holloway Park 3050 Lakeland Highlands Road Lakeland, FL 33803	TBD – late afternoon (Early dismissal from ICS)	\$6.00/person
11-01-19	REGIONAL MEET (TBD based on district results)	Holloway Park 3050 Lakeland Highlands Road Lakeland, FL 33803	8:10 am Girls 9:10 am Boys	\$7.00/person
11-08/09-19 **Keep dates open**	STATE MEET	Tallahassee	This is a viable possibility this season, but we will not know for sure until Regional Meet	